

Smoothies

Classic Smoothies \$4.21

- CANNONBALL** orange juice, bananas, raspberries, raspberry sherbet, vanilla yogurt
- COUNTDOWN** orange & strawberry juices, strawberries, bananas, raspberry sherbet
- EINSTEIN** peach juice, strawberries, bananas, peaches, raspberry sherbet, strawberry yogurt
- FRESH START** raspberry & peach juices, blackberries, peaches, bananas, strawberry yogurt
- PLUNGE** strawberry juice, strawberries, bananas, strawberry yogurt
- STRAWBERRY LEMONADE** lemonade, strawberry juice, strawberries, strawberry yogurt
- TREK** strawberry juice, strawberries, bananas, oats, Grape Nuts, pineapple sherbet, strawberry yogurt.
- REVIVE** watermelon juice, strawberries, bananas, raspberries, orange sherbet.
- SUMMIT** orange & pineapple juices, strawberries, bananas, orange sherbet.

Berry Smoothies \$4.21

- CROSSING** strawberry juice, blueberries, blackberries, raspberry sherbet, strawberry yogurt
- EDGE** pineapple juice, peaches, raspberries, bananas, raspberry sherbet, vanilla yogurt.
- FINISH LINE** raspberry juice, strawberries, bananas, blueberries, orange sherbet
- PEAK** cranberry & raspberry juices, strawberries, blackberries, raspberry sherbet, strawberry yogurt
- SPLASHDOWN** peach juice, raspberries, blueberries, bananas, raspberry sherbet.

Choose Your Own

- VICTORY LAP \$4.21**
Any blend of juices, fruits and sherbet or yogurt.
- JUST FRUIT \$4.67**
Any combination of fruit and juice. Your pick!



Carb Control \$4.21

- SPLASH OF SUN** cranberry blend, Raspberries, Pineapple, Strawberry Yogurt
- CRANBERRY CRUSH** Cranberry Blend, Blackberries, Peaches, Strawberry Yogurt.

Tropical Smoothies \$4.21

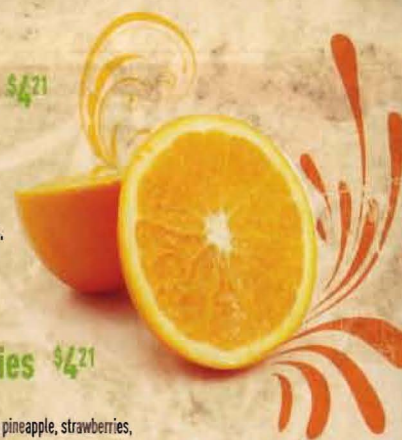
- BREAKAWAY** strawberry & mango juices, peaches, pineapple, strawberries, orange & raspberry sherbet, coconut milk.
- CONTENDER** mango juice, peaches, bananas, strawberries, pineapple sherbet
- GREAT ESCAPE** mango & pineapple juices, peaches, bananas, orange sherbet and coconut milk
- OASIS** raspberry & pineapple juices, strawberries, bananas, coconut milk, pineapple sherbet

Power Smoothies \$4.67

- POWER VIBE** low carb chocolate milk, bananas, peanut butter, whey protein, vanilla yogurt. **PowerVibe with a "buzz", \$5.00**
- SHOCKWAVE** orange juice, banana, orange sherbet, whey protein.
*Also available in raspberry or pineapple
- VELVET ELVIS** (house favorite) Milk, Peanut Butter, Banana, Yogurt, oats, Honey, Grape Nuts, Whey Protein.
- BIG AIR** mango & pineapple juices, blackberries, peaches, bananas, whey protein, strawberry yogurt

Kids Smoothies (12oz) \$2.75

- BLACK FLIP** strawberry juice, strawberries, bananas, strawberry yogurt.
- DOUBLE DOG DARE** orange and strawberry juices, strawberries, bananas, orange sherbet.
- MILK MUSTACHE** milk, bananas, peanut butter, vanilla yogurt, chocolate nutrient mix
- HIGH FIVE** peach juice, raspberries, blueberries, bananas, raspberry sherbet
- LEAP FROG** pineapple juice, pineapple, bananas, pineapple sherbet.



At nuVibe we believe there is more to healthy smoothies than just perception. That's why we use only 100% fruit juices and fresh fruit. Many of our competitors use "extras", like high fructose corn syrups, added sugars & artificial sweetners.

Come taste the difference!

Lunch

Gourmet Sandwich Loaves \$3.95

- Mixed Garden • Roasted Eggplant Parmesan • Spinach Sausage • Italian Chicken Broccoli & Manchego • Cheese • Tomato Mozzarella Pesto

Sandwich Creations

- Ciabatta • Whole Grain Breads • Wraps
- Choose from a variety of lean meats, cheeses, vegetables, & spreads.

Sensational Salads

A variety of salads made with the freshest ingredients and prepared daily. Ask about seasonal offerings

- SUMMER SPINACH SALAD** fresh baby spinach, strawberries, bananas, toasted almonds, green onions, lite poppyseed dressing. **\$6.00** Add grilled chicken \$2.50
- COBB SALAD** mixed greens, oven roasted turkey, cheese crumbles, bacon, carrots, cucumbers, hard boiled eggs, croutons, choice of dressing. **\$7.00**
- KAMUT CRUNCH SALAD** kamut grains, carrots, red onion, celery, red peppers, edamame, sunflower seeds, dried cranberries, lite oil and vinaigrette. **\$6.00** Add grilled chicken \$2.50
- HARVEST BROWN RICE & GRILLED CHICKEN SALAD** Brown rice, grilled chicken, green onion, dried cranberries, granny smith apples, toasted pecans, lite oil and vinaigrette. **\$7.00**
- GARDEN SALAD** Romaine, mixed greens, carrots, cucumbers, red cabbage, tomatoes, hard boiled egg, croutons. **\$5.00**
- CEASAR SALAD** Romaine, asiago, croutons, creamy Caesar dressing. **\$5.00** Add grilled chicken \$2.50

Seasonal Soups \$3.95

Heathful and delicious! Ask about our daily selections.

Lunch Combo Meals \$6.95

YOU PICK TWO: Sandwich - 1/2 salad - soup

nuVibe Kids \$3.00

- PB & J** whole grain bread, natural peanut butter & fruit spread. Served with carrot sticks and ranch dressing
- SOUP** choice of soup and a slice of buttered whole grain bread
- STICKS & STACKS** slices of oven roasted turkey or roast beef, cheese, crackers, carrot sticks & ranch dressing

espresso Drinks

AMERICANO
CAPPUCCINO
LATTE
FLAVORED LATTE
MOCHA
WHITE CHOCOLATE MOCHA
CREAMY CARAMEL LATTE

Hot Beverages

BREWED COFFEE
HOT CHOCOLATE
WHITE HOT CHOCOLATE
STEAMER
CHAI TEA LATTE
CAFE AU LAIT
LOW CARB LATTE
LOW CARB MOCHA
HOT TEA

Drinks can be prepared with 2%, Soy, or Skim milk

Cold Drinks

BLENDED ICE COFFEES
mocha • caramel • vanilla latte • health mocha
chocolate peanut butter • decaf mocha

LOW CARB BLENDED ICE COFFEES
mocha • vanilla latte

ICE TEA
pomegranate • vanilla • green

ITALIAN SODAS
ITALIAN CREAM SODAS

COFFEE FOR A CROWD

10-12 cups of coffee in a "stay fresh, to go" container \$15.00



Award winning, relationship based coffee and espresso. Taste the difference air-roasting makes.
www.theroasterie.com
See how "people who know" have rated our coffees.
www.coffeereview.com

Breakfast

Start your day off right! nuVibe has just what you need to fuel your morning!

BREAKFAST QUICHE	\$3.50
spinach • mixed vegetables • ham & cheese	
MUFFINS	\$1.95
mixed berry • bran • honey oat	
BAGEL & CREAM CHEESE	\$1.50
FRUIT PARFAIT	\$3.95
Fresh fruit, yogurt and granola	

Catering

* We will accommodate any group with your specific needs. For inquiries please contact management. To ensure delivery and availability please give 24 hour notice on all catering orders.

GREAT ESCAPE BREAKFAST	Choice of muffin & fresh fruit cup	\$4.50 per person
FRESH START BREAKFAST	Choice of Quiche and fresh fruit	\$6.95 per person
BAGELS & CREAMS CHEESE TRAY	Assortment of bagels served with cream cheese	\$3.75 per Person
BUILD YOUR OWN PARFAIT	Fresh fruit, yogurt and granola.	\$35.00 (Serves 10-12)
ASSORTED MUFFIN TRAY	Bran - Morning Glory - Honey - Mixed Berry - (Varieties may vary)	\$32.00 (Serves 12-15)
FRESH FRUIT BOWL	An array of seasonal fruits cut fresh each day	
	Small-Serves 10	\$25.00
	Medium-Serves 15-20	\$35.00
	Large-Serves 25-30	\$70.00
GARDEN GREEN SALADS	Garden - Caesar - Spinach	
	Small-Serves 10-12	\$23.00
	Medium-Serves 15-20	\$43.00
	Large-Serves 25-30	\$63.00
SPECIALTY SALADS	Chicken Summer Spinach - Kamut Salad with Grilled Chicken - Cobb - Harvest Brown Rice & Grilled Chicken Salad - Roasted Chicken Caesar	
	Small-Serves 10	\$50.00
	Medium-Serves 15-17	\$80.00
	Large-Serves 22-25	\$100.00

BREAKAWAY LUNCH \$7.95
Choose from any of our bakery fresh sandwiches or great salads. Includes carrot sticks and a chocolate chip cookie. Hand packaged and labeled in our Nu Vibe gift boxes.

CONTENDER LUNCH \$9.95
A deluxe lunch prepared for executive meetings. Choose from any one of our bakery fresh sandwiches. Lunch includes choice of mixed green salad, fresh spinach salad, kamut crunch salad or fresh fruit, potato chips, and a fresh baked chocolate chip cookie. Hand packaged and labeled in our Nu Vibe gift boxes.

Book your off site meetings and special occasions in one of our newly remodeled conference rooms. We can accommodate groups of 2-100!

For booking inquiries call 402-742-2127.

nuVibe™

juice & java

71ST & PIONEERS (402) 488-3003 • 14TH AND 'P' (402) 742-2127

Natalie (402) 429-1702

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Menu & Catering Guide

ENERGIZE • POWER-UP • REFRESH